

2024

# AGENDA BIEN-ÊTRE

## DU PROVENÇAL

### AVRIL

L	1	
M	2	
M	3	
J	4	YOGAWITHMU
V	5	
S	6	COACHING
D	7	
L	8	
M	9	
M	10	
J	11	COACHING
V	12	
S	13	
D	14	BREATHWORK
L	15	YOGAWITHMU
M	16	
M	17	
J	18	YOGAWITHMU
V	19	
S	20	YOGA D'OSE
D	21	
L	22	BREATHWORK
M	23	
M	24	BOXE TRAINING
J	25	COACHING
V	26	
S	27	
D	28	BAPTÊME D'APNÉE
L	29	YOGAWITHMU
M	30	

### MAI

M	1	
J	2	YOGAWITHMU
V	3	AQUARELLE
S	4	COACHING
D	5	
L	6	BREATHWORK
M	7	COACHING
M	8	BOXE TRAINING
J	9	
V	10	
S	11	COACHING
D	12	
L	13	
M	14	
M	15	
J	16	
V	17	ART & MER
S	18	COACHING
D	19	
L	20	
M	21	COACHING
M	22	BOXE TRAINING
J	23	
V	24	
S	25	YOUJ FESTIVAL
D	26	
L	27	YOGAWITHMU
M	28	BREATHWORK
M	29	
J	30	YOGAWITHMU
V	31	

### JUIN

S	1	COACHING
D	2	
L	3	
M	4	COACHING
M	5	BOXE TRAINING
J	6	
V	7	ART & MER
S	8	
D	9	BREATHWORK
L	10	YOGAWITHMU
M	11	
M	12	
J	13	YOGAWITHMU
V	14	
S	15	COACHING
D	16	
L	17	
M	18	BREATHWORK
M	19	BAPTÊME D'APNÉE
J	20	BOXE TRAINING
V	21	
S	22	BREATHWORK
D	23	
L	24	YOGAWITHMU
M	25	YOGA D'OSE
M	26	COACHING
J	27	YOGAWITHMU
V	28	
S	29	COACHING
D	30	AQUARELLE

### JUILLET

L	1	
M	2	BREATHWORK
M	3	BOXE TRAINING
J	4	
V	5	
S	6	COACHING
D	7	
L	8	YOGAWITHMU
M	9	COACHING
M	10	
J	11	
V	12	YOGAWITHMU
S	13	COACHING
D	14	
L	15	
M	16	COACHING
M	17	BOXE TRAINING
J	18	
V	19	ART & MER
S	20	
D	21	BREATHWORK
L	22	YOGAWITHMU
M	23	YOGA D'OSE
M	24	
J	25	
V	26	YOGAWITHMU
S	27	COACHING
D	28	
L	29	
M	30	COACHING
M	31	

### AOÛT

J	1	
V	2	ART & MER
S	3	COACHING
D	4	
L	5	YOGAWITHMU
M	6	BREATHWORK
M	7	BOXE TRAINING
J	8	
V	9	YOGAWITHMU
S	10	COACHING
D	11	
L	12	COACHING
M	13	AQUARELLE
M	14	BOXE TRAINING
J	15	
V	16	
S	17	COACHING
D	18	
L	19	YOGAWITHMU
M	20	
M	21	
J	22	
V	23	YOGAWITHMU
S	24	
D	25	BREATHWORK
L	26	COACHING
M	27	YOGA D'OSE
M	28	
J	29	
V	30	
S	31	COACHING

### SEPTEMBRE

D	1	
L	2	YOGAWITHMU
M	3	BREATHWORK
M	4	BOXE TRAINING
J	5	
V	6	YOGAWITHMU
S	7	COACHING
D	8	
L	9	
M	10	
M	11	
J	12	COACHING
V	13	ART & MER
S	14	COACHING
D	15	
L	16	
M	17	
M	18	BOXE TRAINING
J	19	
V	20	
S	21	COACHING
D	22	BREATHWORK
L	23	
M	24	
M	25	
J	26	COACHING
V	27	
S	28	COACHING
D	29	
L	30	